

Dr. Nick Abu Jamra

 PROSTHODONTIC DENTISTRY

CARING FOR YOUR DENTURES

- Dentures can break, so always clean your dentures over a sink that has been filled with water - just in case they accidentally slip out of your hands.
- Rinse your dentures thoroughly to remove loose food particles. Use cool or warm water - NEVER use hot water - it can warp your denture.
- Apply denture cleaner/toothpaste to a moistened denture brush or a toothbrush.
- Brush all surfaces thoroughly.
- Rinse dentures well under water to remove all of the cleaner.
- While you sleep at night, soak your dentures in water or cleaner.
- Brush your gums, tongue and palate with a soft toothbrush to remove plaque and stimulate circulation. Then reinsert your dentures.
- If you have any questions or concerns, please contact our office.

Office phone: (920) 347-2626